

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



The Village at LifeQuest
An Assisted Living Community

JULY 2026

The Village at LifeQuest

ACTIVITY TYPES

- Emotional
Entertainment
Intellectual
Physical
Regulatory
Committee
Social
Spiritual

LOCATIONS

- V-GR = Village Gathering Room
V-BS = Village Bistro
V-SL = Village Salon
V-DR = Village Main Dining Room
V-LR = Village 1st Floor Living Room
V-LB = Village Library
V-3B = Village 3rd Floor Bistro
V-FP = Village Front Patio
V-RP = Village Rear Patio
V-RG = Village Raised Garden Beds
V-LB = Village Main Entrance Lobby

HAPPY BIRTHDAY!

- July 1st Jean K.
July 1st Mary Lo V.
July 5th Helen R.
July 6th Helen W.
July 8th Barbara C.
July 10th Joanne G.
July 27th Richard H.
July 28th Marjorie L.
July 29th Pat K.
July 29th Wilbur S.

9:00 Garden Club (V-RG) 5
9:30 Walking Club (V-LB)
10:00 Spiritual Eldercare Service & Hymns (V-LR)
10:15 The Sunday Mass (V-GR)
11:00 Let's Play Triominoes & Dominos (V-LB)
2:30 BINGO (V-GR)
3:45 Life Loop Trivia

9:00 Garden Club (V-RG) 6
9:00 Morning Stretch (V-LR)
10:00 Card Club
10:00 Knock the Cone Down! (V-GR)
11:15 Exercise & Weights (V-GR)
11:15 Gift Shop Open
2:30 Afternoon Music with John Bauer (V-GR)
3:45 Life Loop Word Games

9:00 Chair Yoga (V-LR) 7
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Activity Calendar Planning Meeting & Donut Social (V-GR)
10:00 Manicures (V-SL)
11:15 Exercise & Weights (V-GR)
2:30 Afternoon Movie "Stand By Me" & Popcorn (V-GR)

9:00 Garden Club (V-RG) 8
9:00 Morning Stretch (V-LR)
9:30 Walking Club (V-LB)
10:00 Shopping Trip to Liberty Thrift & Gian & Lunch at Apple B's
11:15 Balloon Volleyball (V-GR)
11:15 Gift Shop Open
2:30 QUARTER BINGO (V-GR)
3:45 Life Loop Family Fued & Trivia (V-GR)

9:00 Chair Yoga (V-LR) 9
9:00 Garden Club (V-RG)
10:00 Catholic Service (L-AR)
10:00 Music Sing Along (V-GR)
11:15 Exercise & Weights (V-GR)
2:30 Life Loop Trivia (V-3B)
3:30 Happy Hour, Appetizers & Tom Collins Cocktails & Music with Steve Rittravato (V-3B)

9:00 Garden Club (V-RG) 10
9:00 Morning Stretch (V-LR)
10:00 Let's Play Cards (V-LB)
10:00 Manicures (V-SL)
11:15 Exercise & Weights (V-GR)
11:15 Gift Shop Open
2:30 BINGO (V-GR)
3:45 Front Porch Reminicing (V-FP)

9:00 Chair Yoga (V-LR) 11
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Crafter Club (V-GR)
11:15 Let's Play Ladder Balls! (V-RP)
2:30 Patriotic Music with the Allentown Hobo Band (V-RP)
3:45 Back Porch Reminisce & Sweet Tea (V-RP)

9:00 Garden Club (V-RG) 12
9:30 Walking Club (V-LB)
10:00 Spiritual Eldercare Service & Hymns (V-LR)
10:15 The Sunday Mass (V-GR)
11:00 Let's Play Cards (V-LB)
2:30 BINGO (V-GR)
3:45 Life Loop Trivia

9:00 Garden Club (V-RG) 13
9:00 Morning Stretch (V-LR)
10:00 Music & Color Art (V-GR)
11:15 Gift Shop Open
11:15 Tai Chi & Aroma Therapy with Roberta (V-GR)
2:30 July Birthday Party with Dancin DJ Geri (V-GR)
3:45 Birthday Cake & Trivia (V-GR)

9:00 Chair Yoga (V-LR) 14
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Manicures (V-SL)
11:15 Exercise & Weights (V-GR)
1:30 Shopping Trip to Walmart
2:30 Route 66 Road Trip & Milk Shakes (V-GR)

9:00 Garden Club (V-RG) 15
9:00 Morning Stretch (V-LR)
9:30 Walking Club (V-LB)
10:00 Water Gun Solo Cup Race (V-RP)
11:15 Balloon Volleyball (V-GR)
11:15 Gift Shop Open
2:30 QUARTER BINGO (V-GR)
6:45 Concert Under the Stars with Fabulous Females of Broadway (V-RP)

9:00 Chair Yoga (V-LR) 16
9:00 Garden Club (V-RG)
9:30 Walking Club
10:00 Devotional & Hymn Sing (V-LB)
11:15 Exercise & Weights (V-GR)
2:30 Wellness Educational Class with Alyssa (V-GR)
3:30 Happy Hour, Waffles & Ice Cream & Strawberry Daquiris

9:00 Garden Club (V-RG) 17
9:00 Morning Stretch (V-LR)
10:00 BINGO (V-GR)
11:15 Exercise & Weights (V-GR)
11:15 Gift Shop Open
2:30 Step by Step Painting with Judy - "Flamingos" (V-GR)

9:00 Chair Yoga (V-LR) 18
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Zoo Animal Jingo (V-GR)
11:15 Exercise & Weights (V-GR)
2:30 Let's Play Cards - Pinochle, Rummy, Trash or Uno (V-GR)

9:00 Garden Club (V-RG) 19
9:30 Walking Club (V-LB)
10:00 Spiritual Eldercare Service & Hymns (V-LR)
10:15 The Sunday Mass (V-GR)
11:00 BINGO (V-GR)
2:30 Trivia & Tunes with Fern & Tom (V-GR)
4:00 Front Porch Reminicing (V-FP)

9:00 Garden Club (V-RG) 20
9:00 Morning Stretch (V-LR)
10:30 Story Time, Color Art with Grand Friends & Day Care (V-GR)
11:15 Exercise & Weights (V-GR)
11:15 Gift Shop Open
2:30 Afternoon Music with Glenn Miller (V-GR)
3:45 Life Loop Word Games

9:00 Chair Yoga (V-LR) 21
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Manicures (V-SL)
11:15 Exercise & Weights (V-GR)
11:30 Luncheon Trip to Dominick's Restaurant
2:30 Back Porch Sing Along & Snow Cones (V-RP)

9:00 Garden Club (V-RG) 22
9:00 Morning Stretch (V-LR)
9:30 Walking Club (V-LB)
10:00 QUARTER BINGO (V-GR)
11:15 Balloon Volleyball (V-GR)
11:15 Gift Shop Open
2:30 Resident Council (V-3B)
3:30 Happy Hour, Appetizers & Pina Coladas (V-3B)

9:00 Chair Yoga (V-LR) 23
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Water Balloon Toss
11:15 Exercise & Weights (V-GR)
2:30 Hunter, Day Care & Grand Friends Sing Along (V-GR)
3:30 Front Porch Reminicing (V-FP)

9:00 Garden Club (V-RG) 24
9:00 Morning Stretch (V-LR)
10:00 BINGO (V-GR)
11:15 Exercise & Weights (V-GR)
11:15 Gift Shop Open
2:30 Student Piano Recital (V-LB)
3:45 Front Porch Reminicing (V-FP)

9:00 Chair Yoga (V-LR) 25
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Crafters Club (V-GR)
11:15 Exercise & Weights (V-GR)
2:30 Let's Go Fishing! (V-GR)
3:45 Pretzel Tasting with Philly Pretzels (V-GR)

9:00 Garden Club (V-RG) 26
9:30 Walking Club (V-LB)
10:00 Spiritual Eldercare Service & Hymns (V-LR)
10:15 The Sunday Mass (V-GR)
11:00 Let's Play Cards (V-LB)
2:00 Hunter/Piano Player (V-LB)
3:15 BINGO

9:00 Garden Club (V-RG) 27
9:00 Morning Stretch (V-LR)
11:15 Exercise & Weights (V-GR)
11:15 Gift Shop Open
2:30 Afternoon Music with Chris McCord (V-GR)
3:45 Life Loop Word Games

9:00 Chair Yoga (V-LR) 28
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Manicures (V-SL)
10:00 Welcome New Resident & Donut Social (V-GR)
11:15 Exercise & Weights (V-GR)
2:00 Country Bus Ride & Ice Cream Trip
2:30 Front Porch Reminicing & Ice Cream Novelties (V-FP)

9:00 Garden Club (V-RG) 29
9:00 Morning Stretch (V-LR)
9:30 Walking Club (V-LB)
10:00 QUARTER BINGO (V-GR)
11:15 Balloon Volleyball (V-GR)
11:15 Gift Shop Open
2:30 Food Committee (V-LB)
6:00 July Birthday Dinner with Rob Curto (V-GR)

9:00 Chair Yoga (V-LR) 30
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Devotional & Hymn Sing (V-LB)
11:15 Exercise & Weights (V-GR)
2:30 Life Loop Jeopardy (V-3B)
3:30 Happy Hour, Appetizers & Cape Cod Cocktails & Music with Danny (V-3B)

9:00 Garden Club (V-RG) 31
9:00 Morning Stretch (V-LR)
10:00 BINGO (V-GR)
11:15 Exercise & Weights (V-GR)
11:15 Gift Shop Open
2:30 Manicures (V-SL)
3:45 Front Porch Reminicing

9:00 Garden Club (V-RG) 1
9:00 Morning Stretch (V-LR)
9:30 Walking Club (V-LB)
10:00 Pool Time (V-RP)
11:15 Balloon Volleyball (V-GR)
11:15 Gift Shop Open
2:30 QUARTER BINGO (V-GR)
3:45 Can You Guess Common Sayings? (V-GR)

9:00 Chair Yoga (V-LR) 2
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 4th of July Parade with Life Span Day Care (V-LB)
11:15 Exercise & Weights (V-GR)
2:30 Wheel of Fortune & Flex Your Brain (V-3B)
3:30 Happy Hour, Appetizers and Mud slides Cocktails

Independence Day (substitute) 3
9:00 Garden Club (V-RG)
9:00 Morning Stretch (V-LR)
10:00 Baking Class - "Red White & Blue Parfaits (V-3B)
10:00 Let's Play Cards (V-LB)
11:15 Exercise & Weights (V-GR)
11:15 Gift Shop Open
2:30 BINGO (V-GR)

Independence Day 4
9:00 Chair Yoga (V-LR)
9:00 Garden Club (V-RG)
9:30 Walking Club (V-LB)
10:00 Forth of July Slide Shows & Trivia (V-GR)
11:15 Exercise & Weights (V-GR)
11:30 Forth of July Lunch Theme (V-DR)
2:30 Forth of July Music with Bill Shannon (V-GR)
3:45 4th of July History & Parade